

The following preparations are established for the TNF-alpha inhibitor test and are available in the laboratory (alphabetic order):

| Preparation (producer) | Medical compound |
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| Alpha Liponsäure Mono (Capsumed) | Alpha lipoic acid |
| Angocin Anti-Infekt N (Repha) | Nasturtium/horseradish |
| Artemisia Annu pur (Capsumed) | Annual wormwood |
| Arthroflexan plus (Natures Own) | Glucosamine sulphate/Chondroitin sulphate |
| Banderol (TS Products) | Bark extract |
| Bicorsan (Jabosan Health Care) | Boswellia, curcumin, linseed oil |
| Boscari (Olibanum) | African incense |
| Boswellion Plus (Natures Own) | Weihrauch, Teufelskralle |
| Bromelain (Vita World) | Cysteine protease |
| Catechin-Loges (Dr. Loges) | Green tea extract + vitamin C |
| CBD – Cannabis Öl (HEALTH+) | Cannabidiol |
| Cilantris (Nestmann Pharma) | Coriander |
| Cistus Incanus (Hannes Pharma) | Cistus |
| Coenzym Q 10 (Zein Pharma) | Ubiquinone |
| Colestyramin (Hexal) | Cholesterol inhibitor |
| Colostrum (Allcura) | First milk preparation |
| Cordyceps Extrakt (Capsumed) | Vitality mushroom |
| Cranberry (11 A Nutritheke) | American Cranberry |
| Curcumin-loges® (Dr. Loges) | Curcumin/ vitamin D |
| Derris Scandens (Siam Heilkräuter) | Flavonoids, isoflavones |
| Eicosapen (Truw Arzneimittel) | Omega 3 fish oil |
| Eleu Kokk (Boehringer) | Siberian ginseng (Eleutherococcus senticosus) |
| Enzym pur (Capsumed) | Bromelain/Papain/Rutin |
| Felis (Hexal) | St. John's Wort |
| Hagebutten Extrakt (Trendbalance) | Rosehip |
| Hericium-erinaceus (Mycovital Heilpilze) | Lion's mane mushroom |
| Hox Alpha (Strathmann) | Stinging nettle |
| Inflam effekt (Life Light) | Micronutrients |
| Karazym (Volopharm) | Enzyme preparation |
| Kelt Vital (Trendvital) | Uridin monophosphat, vitamin B12, 5-Methyltetrahydrofol acid |
| Koreanischer roter Ginseng (KGV-Korea-Ginseng Vertrieb) | Ginsenosides |
| Krillöl (Capsumed) | Krill oil |
| L-Carnitin (Diamant Natur) | Amino acid |
| L-Curcumin (Trendbalance) | Curcugreen |
| L-Curcumin (TrendVital med) | Curcuma longa extract |
| Leinöl (Berco Arzneimittel) | Linseed oil |
| Lidocain (Braun) | Neuraltherapeuticum |

| Preparation (producer) | Medical compound |
|--|---|
| MSM (Essential Food) | Methyl-sulfonyl-methane |
| Omega 3 Max (Capsumed) | Omega 3 fish oil |
| Peony Immune (Life Extensions) | White peony roots |
| Phyto Curcuma (Capsumed) | Curcuma/turmeric |
| Phyto Isoflavonoid (Capsumed) | Soy isoflavones and red clover |
| Phyto Weihrauch 400 (Capsumed) | Indian incense |
| Prednisolon (Mibe) | Glucocorticoid |
| Pro Agalostrium (Tisso) | Colostrum, vitamin D3, Agaricus |
| Procain (Dr. Loges) | Neuraltherapeuticum |
| Pro Carnitin (Tisso) | L-Carnitine |
| Pro Curmin Complete II (Tisso) | Curcuma |
| Pro Dialvit (Tisso) | Combined preparation |
| Pro Immupec (Tisso) | Natural fermentation product with vitamin D3 |
| Pro Mucosa (Tisso) | L-Glutamine, quercetin, lecithin, broccoli, MSM |
| Pro Sirtusan (Tisso) | Bioactive polyphenols |
| ProEmsan (Tisso) | Probiotic micro-organism |
| Propolis (Langer Vital) | Bee propolis |
| Quercetin (Bios Medical) | Onion extract |
| reduziertes Glutathion (Apozen) | GSH |
| Reishi (Capsumed) | Medicinal fungus |
| Resveratrol (Zein Pharma) | Polyphenol phytoalexin |
| Rizol-Omega Borax-Lösung nach Dr. Steidl (Fürstenplatz Apotheke) | Rizol-Omega, Borax, Chloroquin |
| SAMe 200 pur (Capsumed) | S-Adenosylmethionine |
| Silymarin (AL) | Milk thistle |
| Super-S-Plus (Dr. Hittich) | MSM-incense-ginger |
| Synerga (Laves Arzneimittel) | E.coli |
| Tigovit (EGCG) | Green tea extract |
| TNF balance (Trendvital) | Boswellia carterii, curcumin |
| TNF direkt (Viathen) | Incense resin |
| Weihrauch 250 (Natures Own) | Incense |
| Weihrauch serrata (Trendbalance) | Incense, willow bark, ginger |

| Essential oils | Medical compound |
|-------------------------------------|------------------|
| Lavender oil (various pharmacies) | Lavender |
| Lemon oil (various pharmacies) | Lemon |
| Lemongrass oil (various pharmacies) | Lemongrass |
| Thyme oil (various pharmacies) | Thyme |
| Rosemary oil (various pharmacies) | Rosemary |
| Manuka oil (various pharmacies) | Manuka |

In case you would like to test a preparation that is not listed above, we would kindly ask you to add it to your sample when sending it to us. Upon request, the preparation can be stored up to 3 months in the laboratory to assure substance stability for further tests (please indicate on the transfer form).

Regarding "TNF-alpha blockers" such as Enbrel® (Etanercept), Remicade® (Infliximab) or Humira® (Adalimumab), the TNF inhibitor test is not useful, since the effect of these substances is

not based on a reduced release of TNF- α from monocytes/macrophages. Those three substances block TNF- α effect in the blood or at the target cell.